



Lunch Menu

Weeks beginning 31st August, 14th September, 28th September, 12th October

Monday	Tuesday	Wednesday	Thursday	Friday
Mac and cheese with homemade garlic bread and salad	Sausage roast with crispy roast potatoes, Yorkshire pudding and vegetables	Chicken tikka masala served with rice and naan bread	BBQ chicken pizza with mixed salad	Omega-3 battered fish fillet with chips and peas
Broccoli and cauliflower bake	Roast Quorn with crispy roast potatoes, Yorkshire pudding and vegetables	Veggie tikka masala served with rice and naan bread	Margherita pizza with mixed salad	Fishless fillet with chips and peas
Egg sandwich with mixed salad	Ham baguette with mixed salad	Tuna wrap with mixed salad	Cheese wrap with mixed salad	Tuna sandwich with mixed salad
Jacket potato with cheese and baked beans	Jacket potato with cheese and baked beans or tuna	Jacket potato with cheese and baked beans or tuna	Jacket potato with cheese and baked beans or tuna	Jacket potato with cheese and baked beans or tuna
Brookie (brownie and cookie) Fresh sliced fruit	Ice cream sundae Fresh sliced fruit	Fruit jelly Fresh sliced fruit	Jamaican ginger cake Fresh sliced fruit	Iced sprinkle biscuits Fresh sliced fruit

Weeks beginning 7th, 21st September, 5th, 19th October

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese quesadillas with rice and sweetcorn	Roast chicken with crispy roast potatoes, Yorkshire pudding and vegetables	Sausage rolls with mashed potato and beans	All day breakfast: sausage, bacon, hash brown, baked beans and bread	Fish fingers with potato waffles and baked beans
Sweet chilli vegetable stir fry with noodles	Roast Quorn with crispy roast potatoes and vegetables	Veggie sausage rolls with mashed potato and beans	Veggie all day breakfast: Quorn sausage, hash brown, half a grilled tomato, baked beans and bread	Fishless fingers with potato waffles and baked beans
Egg sandwich with mixed salad	Tuna sandwich with mixed salad	Ham baguette with mixed salad	Cheese wrap with mixed salad	Tuna wrap with mixed salad
Jacket potato with cheese and baked beans	Jacket potato with cheese and baked beans or tuna	Jacket potato with cheese and baked beans or tuna	Jacket potato with cheese and baked beans or tuna	Jacket potato with cheese and baked beans or tuna
Homemade muffin Fresh sliced fruit	Angel delight Fresh sliced fruit	Chocolate chip tray bake Fresh sliced fruit	Tropical crumble and custard Fresh sliced fruit	Smartie cookie Fresh sliced fruit

All fresh ingredients sourced from quality, local suppliers